



**TAKE BACK YOUR  
POWER 2:**

**The Next Step**

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In this short course I want to cover the truths about conspiracy theories, what the real threat is, and how to deal with it.

## Introduction

The first thing to realise is that many of these theories are set up by the illuminati to put people off the truth, either by creating something that can be ridiculed, by generating fear, or by giving ineffectual techniques to deal with it. Take David Icke as a well-known example. Although he exposed much corruption, all the ideas of reptilians and aliens put people off and give the general idea that conspiracy theories are all based on this kind of idea. Secondly, many people were put into a state of fear in which they are helping to create the very situation they fear. All set up to help those who want to disempower you. Thirdly, those few who actually want to work against the corruption are given techniques that can't work. When you see a large level of corruption, it won't go away just by visualising white light!

The purpose of this course is to enable you to change the World. If you find yourself in fear or doubt, always come back to asking yourself the fundamental question that all magicians must answer:

“Who creates your reality?”

If the answer isn't “I do”, you are not ready for this work. Concentrate on healing and empowering yourself until you know that you create your own reality. Everything I am going to reveal to you is within your power to change. This is a bit like the movie “The Matrix” when Nero was offered the red or the blue pill. Do you want to see how deep the illusion goes?

## What's Behind the Conspiracies? Follow the Money

OK, so let's look at what is behind the conspiracies. It is all hiding in plain view. Start with the World Banks, run by rich families of Royal blood, such as the Rothschilds and Rockefellers. They are able to print as much money as they want, basically creating wealth out of thin air. This money is loaned to all World governments at 100% interest. We are then taxed to pay off the loan. The amount of tax you pay is much higher than you realise. You may pay 25%, but if you work for a large firm which pays a higher tax level, the fruits of your labour have already been taxed by that amount. If, for instance, your employer pays 65% tax, then you pay another 25%, that is 90% of your earnings gone on tax. Then when you spend it, the big department stores have already paid a high level of tax, which is reflected in the prices, before VAT is even considered. So, by the time you have earned money and spent it, at least 97% has gone on tax. A small amount pays for services. At least 90% of your earnings go straight into the pockets of the rich banking families. That is why they are so rich.

The Rothschild family alone owns half of the World's wealth; enough to feed every man, woman and child on earth. The reason they can print money is because they are a part of the Crown. The Banks, the Crown, the American presidency and the Vatican are all one family; all from the same royal bloodline. London controls the money, Washington controls the military, and the Vatican is in charge of mind control. This goes back to the Romans. In the third century, when the Roman empire was going through conflict and military rule was losing its grip, A Roman politician named Paul came up with a plan that would control the masses without military force. It was named the church, after Circe, Goddess of enchantment. Regarding the Church, I am referring to the politicised teachings of Christianity rather than the original teachings of Christ.

## The Church

The Church produced a system of beliefs to keep everyone in slavery, and then began to destroy all true religion so that the whole World could be brought under its rule. In order to keep everyone in slavery, they had to be kept in low self-esteem, so the seven deadly sins were born. These are designed to stop anyone ever feeling good, and to promote poverty and self-sacrifice. Even simple personal pleasures like sex; lust is a deadly sin. If you expect more money, greed is a deadly sin. We all enjoy good food; gluttony is a deadly sin. We all want to feel good about ourselves; pride is a deadly sin. And in case you start questioning why the leaders are so rich, jealousy is a deadly sin. Then the creation of a devil, a force of pure evil in the World, not only generates fear that makes people easily controlled, but millions of people focusing on this idea for 2000 years has created an enormous thought form. This is the most irresponsible use of mind power imaginable. So now this massive thought form of evil is functioning automatically to keep everyone down.

Once the church got a grip on the people through twisted beliefs and fear, it could start exterminating other religions. It was easy to start with matriarchal cultures, as the women could not fight back, so once the men were brain washed, 9 million women were burned for witchcraft. Destroying the women soon leads to the end of the whole culture. And that was not the end of the massacre. If you look closely, the church was behind other religious massacres. The political or Masonic structures behind large religions have often been in competition. There has been an old enmity between the Jewish Masonic order and the Catholic Masonic order. Hitler was part of the Catholic Masonic order. After the war, the Vatican actually gave passports to Nazi war criminals and helped them escape to South America. It was also the church that funded the slave trade, justifying it by claiming that black religions were evil.

The Vatican has for a long time worked closely with the American presidency, until Kennedy broke that alliance. After going against the will of the money makers, he was assassinated. If you watch old films of the assassination, you will see his body guard jumping aside at the last moment. Who was he really working for? Since then, America has enjoyed a certain amount of freedom, until President Bush remade



old alliances with the Pope, which coincided with loss of many human rights, and the beginning of war against Islamic countries.

## Depopulation Agenda

So, you can see that the World Banks, the Vatican and the Governments all work together to keep us all in slavery and take all our wealth. Printed money means nothing, except that it is traded for resources, so these rich families end up owning all property in the World. That is why more and more people are becoming homeless, and many more are working double jobs to keep their homes. If this continues, we will all lose our homes eventually, and be put into small facilities where we can work like slaves. Films like Brave New World has shown us clues. Workers will be kept stupid and out of site.

Once they have used the workers and don't need them anymore, they begin depopulation. So far this has been through starvation and war. All famines, such as in Ethiopia, were not the result of natural disaster, but their land was depleted by cash crops. The people are used to work the fields, and are then left to starve once the land is depleted. If anyone fights back, they can be wiped out by the military, using the excuse of terrorism. In Afghanistan, for example, since 1988 their land has been used to grow Opium for the American heroin trade. Since this was going the usual way, a group calling themselves the Taliban started destroying all the opium fields. In one year, they reduced the opium production of Afghanistan by 97%. They knew they had no chance against the American military, but they sacrificed themselves to save their country from starvation, a fate much worse than the war they have suffered.

## Big Pharma

In any war, the same company funds both sides, making money while reducing the population. The Rockefellers funded the Nazi war machine, and also supported I.G. Farben in its work to produce poisons to exterminate all the Jewish people. The Rockefellers still back them now that they are the Codex Alimentarius. This is the latest stage in their plan of World control and depopulation; the Codex Alimentarius. Since the war, they have infiltrated the whole of the medical industry, making drugs more expensive and addictive, with greater side effects, to make the population not only drug dependent, but weaker and more easily controlled, and also making mass extermination easy.

Part of their plan is to ban all natural medicine, so that there is no escape. This way they get people through the ones they are supposed to trust; their doctors. New viruses spread through chem-trails and vaccines are already breaking down people's ability to heal themselves. It was easy to take over the pharmaceutical industry by exploiting its major flaw: The only molecules that can fit into an organic system must be nature identical. By altering nature, the result has to be imperfect and inefficient. It would be like putting Ford parts in a Ferrari. A car treated like this would soon break down, and for the

same reason people's health is breaking down. But since a natural substance cannot be patented, there is no profit in natural medicine.

The creation of a pharmaceutical industry is done at the sacrifice of true medicine. So once a company becomes profit-based, it is easy to lead it further and further away from health and into corruption. So, the latest and most dangerous lie they now spread is that pharmaceuticals are more effective health products than natural medicines. This is a total lie that has been backed by huge amounts of propaganda. The first key to overcoming this evil is to see through its lies.

## New Age Teachings and False Religions

The next illusion we must recognize, is that much of new age teaching has been engineered by the illuminati. It is actually based on a model in ancient Hindu teaching of a false religion used to destroy its followers. In this story, there were three cities, ruled by demons. These demons were not evil, but lived in peace and worshipped Shiva. The Gods were uncomfortable with this, so wanted to destroy them, but so long as they worshipped Shiva, they were protected. The gods appealed to Shiva to destroy them, but so long as they worshipped him, he would not let harm befall them, even though they were demons. So, the gods decided to send false teachers to the three cities, to take them away from worship of Shiva, and so they were destroyed.

The teachings of these false religions were outlined. First, worship of the Gods was replaced by a non-personified universal consciousness, so that all traditional ritual was forgotten. (Of course, there is a universal consciousness, but losing traditional ritual leaves a hole). Secondly, non-violence was made into the highest principle, so they forgot how to fight back. Violence may be evil in certain situations, but is also an important survival ability if you are being attacked. Thirdly, ritual offerings were forgotten, and love and light were seen as all that was necessary. Does this sound familiar? There is much of this within new age thinking, which makes it powerless. There are magicians who don't have effective rituals, witches who won't curse, and many who sit there visualising white light while slowly being destroyed. Too many people no longer believe in the Gods, and therefore do not call upon their power. I don't so much as *believe* in the Gods any more than you *believe* in the computer are reading this on - I experience them daily. They are incredibly powerful, and when you work with them, your life changes.

## Responsibility and Overcoming Evil

So, how do we overcome this evil? Start with the earlier question: Who creates your reality? It is not them. They are neither as powerful nor as clever as they would have you believe. They seek to manipulate genes while understanding only 5% of DNA. They seek to manipulate viruses without understanding the true cause of illness. The end result is not in their hands, but Nature's. Already Nature





is producing bacteria that kill the artificial viruses. You can find a simple explanation [here](#). And these viruses are not infecting those with alkaline bodies from a healthy diet with a predominance of fresh fruit and vegetables.

Whatever new viruses they produce, they cannot change the laws of nature. If you think viruses cause disease, look up Dr Rife's research. Viruses live only where you provide the right conditions for them. A healthy body will be immune to all their viruses, and there are yogic practices for transmuting all poisons. So, whatever they do, you are still mostly responsible for your own health, as well as the reality you live in. So, it is important to visualise constantly the kind of World you want. Don't get caught up in fear while focusing on impending doom, or you help them create it. Remember your power, and use it to create the reality you want.

Another pitfall is to think you have to wake up the whole World in order for change to happen. This is not an easy task. Remember, it is not the masses who create your reality, but you. There are enough of us to change the World. Just a few people working on change begin to change those around them, sending out ripples that gradually spread across the world.

The first key to changing the direction the World is going in, is responsibility. This is something seriously lacking in the World today. What is needed is more awareness of our essential unity, so that we work towards the good of all, not just ourselves. It used to be more practical for people to first create their own personal success before going on to improving the World, but as we evolve towards Global awareness, the two can no longer be separated. You will find that while trying to create your own success, the outside World comes in to ruin it. It is time to see that we must change the whole in order to change our own lives. So, each day, as you visualise your own goals, also visualise a positive future for the World.

## Owning Our Shadow

Responsibility also requires us to own our shadows. The main reason that so many want to see these horrors as being caused by aliens or even Satan, is that to admit they are human makes us aware that we are not very different from them. The truth is, we are all capable of that kind of greed and selfishness. Don't beat yourself up over it, but own it. It will give you more power over the manifestations of your shadow. These people are nothing more than the most disgusting parts of our shadows that we don't want to own.

What you deny of your shadow tends to come at you from the outside. The more vehemently you deny the darkest parts of your shadow, the more powerful it seems to be when it comes at you from outside. So, you can see it is high time we owned the darkest and most disgusting corners of our shadows. Once

you own your shadow, you have power over its reflections. The irony of this is that while the illuminati kill all who have outlived their usefulness, once we have owned our shadows, they would have outlived their usefulness, and Sekhmet will come for them.

## Borrowing Raw Elemental Energy

The next key to winning this fight is to understand the use of raw elemental energy. All the despair and fear generated by war, famine and general disempowerment produces a raw elemental force bubbling up in the World. The leaders use this to help create their World of domination. They take power, but we can overcome this by asking for a greater purpose. Practically, what you do is in meditation go to all the people in the wake of war, starvation and currently lockdown and stripping of human rights, sense the raw energy around them, and simply ask: "Can I borrow this energy to right the wrong?" They don't all have to answer, but you will hear millions of cries of "yes". Then all that power is released to you. Then visualise the World you want, or work other magick to right it. You can also go back to all the women burned for witchcraft, and all the Jews who were murdered, and borrow energy from their despair too.

## Working with the Gods and Goddesses

The last thing you need to do is to work with the Gods. They are real, and have enormous power. Discard all the lies of the church. After all, they use all the rituals they forbid you to do. In each war, all those sent to die are offered as sacrifice to Circe to strengthen their mind control. Take some time to feel which God or Goddess calls you, and learn their rituals and offerings. I particularly recommend Sekhmet, as She is the one the illuminati most fear. They have been using the power of Egypt. You will find its symbolism all over their buildings and symbols. By banning the older religion so that the gods aren't being worshipped, they are able to use the raw power that is left there. Sekhmet is the one who will punish their evil when she rises. Prepare an altar with her image, red candles and a bowl of clean water. Make offerings of red rice and onion, and pomegranate juice mixed with beer. Call her often to destroy the evil. You may also serve Isis, as it was she who made the just laws for mankind.

## Taking Action to Remove Corruption

So here are clear steps to winning over this real threat of corruption:

1) You can use the Journey to Creator meditation to **release all the limiting beliefs** that have restricted your power. Include the following and add any others you have:



- Remove all belief in the seven deadly sins and in Satan. Also regularly help dissolve the artificial elemental of the devil from the astral plane. You can use the Journey to Creator to do this.
- Remove the belief that drugs have healing power, and any belief that nature can't heal you.
- Remove the belief that the Gods aren't real, and that violence is evil.

(At the end of this course, in the appendix, I have written out the stages of the journey and added a guided meditation as a sound file.)



*Refer to 'Journey to Creator' Guided Audio Meditation*



2) **Work with your shadow.** Here is a technique you can use. Be sure to include the Rockefellers, the Rothschilds, politicians, the Codex Alimentarius, and anyone else you know is a part of the corruption, on your projections list.



*Refer to 'Embrace the Shadow' Guided Audio Meditation*



- 1) Talk with your higher self about the Shadow and clear up any misunderstandings.
- 2) Look outside yourself at the reflections; family, physical body, extended family, acquaintances, people you deal with regularly, those you are intimate with. Look at your repeated exaggerated emotions, the repeated feedback you get from others, negative and positive. Look at your secret fantasies, obsessions, compulsions, rejections and humiliations.
- 3) Look outside yourself to your projections: Who do you hate? List all the things you hate about them, and then the things you admire about them. Then look at those you love, and list the things you love about them, and the things you don't like about them.
- 4) Look inside again, for the qualities of your Shadow. Look for the feelings. Let yourself feel them. For example, if you find yourself surrounded by angry people, you will now be able to feel your own anger.
- 5) Connect with the Shadow in meditation. Dialogue with it. Put on its mask and cloak and feel its emotions. It has intensity, will and power. Sink into the pit with it.
- 6) Face the paradox; "If I am this vile, how can I be loved, how can I grow, how can I be spiritual?" Then the light shadow's paradox; "If I am so wonderful, how come I haven't created better?" Sit with the paradox until you realise you can be both vile and beautiful, and listen for a truth to come out of it; something you always are, whether vile or beautiful.
- 7) Dialogue with the shadow, both dark and light, and find out what it needs from you to make peace. Then find out what it has of yours. Check with your higher self before giving or receiving anything.
- 8) Be led out of the darkness by the light shadow, with the dark shadow repelling you from behind.



3) **Set up an altar to Sekhmet**, and any other gods you are called to. Work with them regularly. Make offerings, and call them to destroy evil and bring justice.

4) In meditation, **borrow the elemental energy from disasters**, and use it in your magick or visualizations, or simply give it to Sekhmet and Isis to right the wrong.

5) **Visualize what you want for yourself and for the world, every day**. Stay focused. Don't get drawn into negative creations.

## Recommended Next Steps

### Online Courses

Once you have practiced the exercises and meditations in Take Back Your Power I and II, the following courses would be good progressions:

[Underworld Journeying](#)- Meet your power animal

[Psychic Protection](#) – Prevent your energy from being drained

[Psionics Course](#) – Tap into the power from sacred sites in Egypt and Peru to energise your magick

[Dragon Magick Course](#) – Includes a process to drain power from negative possible futures and to energise positive possible futures

[Ultimate Healing Course](#) – Personal mastery and empowerment

[Personal Power Package](#) – Three powerful empowerments

[Egyptian Healing and Magick](#) – Work with Sekhmet and other deities

## **Empowerments**

[Sekhmet Seichim](#)

[Vajron – A new concept in destroying evil](#)

[Black Goo Mastery](#) – Reconnect to Earth energy & free yourself from mind control

## **Recommended Articles**

[\*Living an Empowered Life\*](#)

[\*Sacred Activism – A Shamanic Perspective\*](#)

[\*Preparing for Initiation – Egyptian Magick & Vedic.\*](#)

## Appendix: The Journey to Creator

Begin by closing your eyes and relaxing. Take a couple of deep breathes and let go.

As you relax,

feel yourself sinking into the earth.

As you are sinking

and relaxing,

begin to feel the divine energy of the earth rising up through you. It rises through the body,

begins to gather above the head into a ball of divine energy. And this ball of divine energy begins to rise up above the body, up above the earth,

up to the sky,

up into space, leaving the earth behind you,

up above the solar system,

up to the stars.

Faster and faster rising through the stars, through light years, up above the Milky Way and out from the stars and galaxies, up through billions of light years,

up and up above stars and galaxies,

until the whole universe is stretched below you.

Go beyond into the dark realm of the ancestors and the animal spirits, lifting through darkness, guided invisibly in the darkness by ancestry.

You are feeling the animal instincts,

rising higher through the darkness

until you break through to the light of the causal plane,

where you soar like an eagle into the light,

into its pastel colours,

its angular shapes,

its patterns.

Rising higher through the causal plane,

up and up,

past of the saints and masters, you can wave as you go by

and even higher into the angelic realm. And rising through the divine energy, until you get to the realm of the archangels. Rising higher, until you get beyond the light into the void.

In the void you soar

totally relaxed and at peace,

soaring in peace and bliss

through infinite potential...

rising

through the infinite potential,

until your devotion takes you through the realm of gods and goddesses,

into the light,  
where all the gods or goddesses you have ever worshiped will aid and support you,  
  
and you are directed through this divine realm,  
higher and higher,  
up into this jelly like layer of the laws of the universe,  
moving up through different coloured jellies.  
The last is a pink jelly for the law of compassion.  
And you rise beyond the jelly now  
into the preconceptual,  
where the normal senses are no longer used,  
we open to the unfamiliar senses accepting warmth and light and movement and life. And you  
raise into the pale bluish-white opalescent light of oneness,  
where you feel the Creator embracing you, and you surrender to a certain grace.