

16:53:55 From ks to Everyone : goodmorning!

16:59:25 From ES to Everyone : good morning!

16:59:41 From N to Everyone : Tired I'm a teacher so going into school AND doing online is too much!

17:00:00 From N to Everyone : hello

17:00:02 From N to Everyone : Cambridge

17:00:10 From N to Everyone : very early here

17:00:21 From N to Everyone : Boston

17:00:25 From N to Everyone : Because we take keyworkers and vulnerable kids

17:00:43 From JS to Everyone : Hi everyone!

17:01:24 From lvdg to Everyone : Hi All!xxx

17:01:30 From N to Everyone : COLD and misty

17:01:31 From JS to Everyone : lovely weather but very cold

17:01:41 From AR to Everyone : Some snow here in Germany

17:01:47 From ES to Everyone : - 10 degrees, snow, and a sore shoulder from falling trying to ski for the first time!

17:01:56 From ks to Everyone : frosty for the first time this winter here in NL

17:02:00 From lvdg to Everyone : It's gorgeous in West Yorks!

17:02:03 From J to Everyone : Hey everyone :)

17:02:09 From JS to Everyone : it feels busy....my mother is moving to her new home...thats a lot of work!

17:02:18 From JS to Everyone : Netherlands

17:02:27 From NN to Everyone : Greetings from Germany

17:02:34 From ES to Everyone : You're right

17:02:46 From JS to Everyone : here also frosty but sunny

17:03:05 From J to Everyone : Ji Un ist ok :)

17:03:25 From J to Everyone : yeah

17:03:33 From JS to Everyone : Applaus!

17:03:42 From RT to Everyone : Carrie, dont forget to resume recording:)

17:04:51 From JS to Everyone : I love learning like first the webinar and then reading en learning. I understand things than better.

17:05:25 From JS to Everyone : You're so funny

17:05:38 From ES to Everyone : I would like to know Peter's ideas about eating raw in countries with - 10 degrees.

17:06:08 From Carrie Brightwell to Everyone : Layers and the unknown

17:06:30 From Carrie Brightwell to Everyone : Thanks @joyce - I do try, hehe

17:07:59 From Carrie Brightwell to Everyone : Each known is layered with an unknown

17:08:42 From SWC to Everyone : I have great trouble defining what it is I want to create and projections like that. Is this the 'unknowns' coming in as interference in this context too?

17:08:52 From JS to Everyone : gives more peace!

17:09:09 From C to Everyone : Hello everyone, Peter in the 'weeding and cultivating....' audio, I struggle a bit with examples of Intention - .Action .Image-Luminous Intent-.New Image. Is it best to prepare beforehand with examples of these? Can you give an example of something you would bring to this meditation and an example of Action, Image etc

17:10:36 From AR to Everyone : In the script you are talking about assisting herbs, e.g. "mullein" for apathy or "Ginseng", "Damiana" & "Gotu Kola" for unconsciousness. Can you please elaborate a little on what form of taking and dose you recommend?

17:11:25 From lvdg to Everyone : Gotu Kola is is great !!!

17:12:17 From C to Everyone : Advice on 'welcoming'..... I think you have to have that awareness first that you can welcome it, as you may be consumed by it

17:13:48 From ks to Everyone : what is behind all the layers of emotions once you worked through them: is it the blueprint of you self. And if so, what is the blueprint exactly

17:13:56 From Carrie Brightwell to Everyone : Can you explain more about how to Grok something or someone? What would that look like or feel like? What would the process be?

17:15:37 From N to Everyone : I keep focussing on my ideal creation and are having issues creating a shorter term creation which would be more achievable

17:16:59 From ks to Everyone : if we can discrete this way. Why do we need the point holding ?

17:17:14 From ks to Everyone : discreate

17:21:41 From ks to Everyone : the sound is not clear can you repeat?

17:22:05 From C to Everyone : Can peter turn video off to help with sound- he sounds like

17:24:31 From lvdg to Everyone : the other day I become upset , after talking with my hubby. tried to discreate that but could find /define any feelings - nothing came up ! I said to myself "I'm not doing that again!" I just burned THAT something with Candalini. all of my body was in real FIRE! next morning i woke up crystal clean & in a high spirit xxx

17:24:41 From JS to Everyone : I like that, it brings me more Joy (its in the name :-)

17:25:02 From Carrie Brightwell to Everyone : Amazing @lvdg

17:26:16 From ks to Everyone : what to do with the photographs of the past that are reminders of negative situations

17:28:41 From JS to Everyone : wauw whats hat i'm learning. I told exactly this in my workshop over Motivation with people. The things with buttons and your own stuff.

17:29:21 From JS to Everyone : my boss is not bothering me anymore :) I guess I realeased my creation.

17:29:42 From Carrie Brightwell to Everyone : Yes Joyce!! No more annoying boss :)

17:29:57 From JS to Everyone : YEAAHHH

17:30:02 From C to Everyone : Is there a reason that my cat seems to love me doing the candali and shield chanting, she comes running and starts purring or lies on my chest while I do it

17:30:59 From JS to Everyone : Honest,, intens and...

17:31:52 From JS to Everyone : in peace!

17:31:52 From Carrie Brightwell to Everyone : honest, intention, at peace

17:31:57 From JS to Everyone : :-)

17:32:14 From Carrie Brightwell to Everyone : intense

17:32:52 From ks to Everyone : is it tense or intention

17:32:58 From JS to Everyone : intense

17:33:05 From ks to Everyone : intenseok

17:33:19 From ks to Everyone : :)

17:34:40 From lvdg to Everyone : 1 We can do yoga & in a meditative mind set. Does make sense or beneficial to add mantras or Candali into a daily yoga practice? And if does what mantras are the best for it ?

17:36:01 From C to Everyone : YES! I went for a walk the other day and my eyes were googling out of my head I was getting so much kundalini energy, it was making me laugh, cry and danec

17:38:09 From Carrie Brightwell to Everyone : Ophiel

17:39:28 From ks to Everyone : what is the book we are talking about?

17:40:08 From Carrie Brightwell to Everyone : I'll ask him next

17:41:55 From JS to Everyone : beautiful

17:42:05 From Carrie Brightwell to Everyone : practice of astral projection

17:42:16 From ks to Everyone : OK

17:43:27 From C to Everyone : Could you spell pudica???

17:44:07 From AR to Everyone : Where to procure that and in what form?

17:44:13 From J to Everyone : If you take back your power - which someone else might not what to release, might want to hang on to the power over you - or if you fight black magic (as you referred to last time) - don't you judge then and do something the other won't see as loving and accepting?

17:45:18 From AR to Everyone : Thanks

17:49:17 From Carrie Brightwell to Everyone : Exactly like that @C - I believe

17:49:22 From Carrie Brightwell to Everyone : Pudica

17:49:39 From JS to Everyone : Yeahhh

17:51:08 From Carrie Brightwell to Everyone : I don't know - I used to have fun, hehehe

17:51:40 From JS to Everyone : yap! Me too Carrie all Joy... and what you give it comes back

17:53:17 From JS to Everyone : I'm sorry, i have to go now! I'll watch the last back later. Thank you for today! :-) HAVE LOTS OF FUN! Bye Bye! lots of love...

17:54:27 From lvdg to Everyone : 2 Ones you said that we can MAKE TIME! How to go about this?

17:54:51 From lvdg to Everyone : 3 My 77 y o husband wants & will vaccinate for cv19 because he's got COPD & asthma & he said believes in science. He doesn't want to hear any "conspiracy theories". What can I do?

17:55:11 From JA to Everyone : How are smart tvs being used for mind control? Are regular tvs the same?

17:55:52 From C to Everyone : I bloody love the taking back shame audio- I find I can do it when walking outside and it stops you taking on that emotion, I do it straight away now- feels v powerful

17:57:47 From lvdg to Everyone : my hubby develpped a CORD with that smart cr\*p! it's consuming him making him an avatar !

18:00:25 From SWC to Everyone : Thanks! Makes sense.

18:03:38 From C to Everyone : Ok thanks, I think its good to have thought about all of this BEFORE you do the meditation

18:07:02 From C to Everyone : HOT DANG! I'm getting this Peter

18:08:32 From N to Everyone : you made it easy for me Peter with your example with the luminous intent. that feels right for me.

18:10:49 From TE to Everyone : so back to Carrie's example of dealing with the image of being fat (same thing im dealing with), I should discreate this image by welcoming it until it goes away???

18:13:19 From C to Everyone : YES! I seem to repeat Baghalamuki often in my head, even though I dont often do that one

18:14:47 From C to Everyone : Do you ever use Celtic gods/goddesses, I feel more yearning to connect to these though I dont know much about them

18:16:40 From C to Everyone : STOP DISSING JUDGEMENT EVERYONE!!

18:17:08 From C to Everyone : I notice that I judge people for judging which is hilarious

18:17:13 From J to Everyone : Thank you for the clarification - that is very helpful! And it is a relief ;)

18:19:39 From RT to Everyone : :)

18:20:13 From TE to Everyone : Thank you

18:22:36 From AH to Everyone : can you discreate any negatives within the vaccine, for example?

18:22:55 From C to Everyone : What was that collective called? Of 1000 docs?

18:23:06 From C to Everyone : Thanks

18:23:11 From Carrie Brightwell to Everyone : Barrington

18:24:00 From ks to Everyone : there are many different vaccines are they all bad?

18:24:34 From C to Everyone : I feel like the vaccine is just a tick box, i was scared of it, now I think 'meh'- it doesn't feel like a threat

18:25:06 From C to Everyone : I feel like talking like this is creating a bad vaccine

18:25:14 From ks to Everyone : you are cut off

18:25:23 From C to Everyone : it's giving it more power....why not discreate it and not give it this power

18:26:13 From C to Everyone : There feels like a contradiction here in what you are saying about power to create and discreate and the vaccine

18:26:40 From lvdg to Everyone : peter is great! thanks a million Carrie !

18:27:02 From JA to Everyone : Thank you Peter.

18:27:07 From lvdg to Everyone : YES , YEAS, YES PLEASE!!!

18:27:47 From N to Everyone : yes 👍

18:28:20 From AR to Everyone : So next week Sunday not tomorrow right?

18:28:27 From lvdg to Everyone : WOW , dreams come true!

18:28:30 From N to Everyone : Thank you

18:28:35 From SG to Everyone : Yes thank you

18:29:38 From C to Everyone : thanks both

18:29:41 From SWC to Everyone : Many thanks Peter - and Carrie!

18:30:32 From lvdg to Everyone : terrefic !!! love ya all xxx i'm feeling enchanted all the time!

18:30:44 From C to Everyone : Good point, thanks

18:31:04 From N to Everyone : really amazing process. much gratitude 🙏

18:31:23 From AR to Everyone : Thanks a lot!

18:31:42 From ks to Everyone : thank you!!