

14:06:45 From BM : I would to have one please =)

14:06:55 From LOC : I'd like a hot seat

14:07:52 From BM : Yes please

14:19:03 From LOC : So does that mean we can't "create" expectation? We have to work with the fantasy/desire and the expectation will come?

14:19:45 From Carrie : is expectation like 'knowing' it's coming

14:21:33 From Admin : Can you imagine something that doesn't already exist in the future?

14:24:55 From SH : Advise for welcoming the very difficult corrosive emotions like pain, hate. They can be so scary and I worry about desensitising myself to things I should be scared of, if that makes sense.

14:27:06 From BM : What about the phrase that The Universe or God helps determine what is meant for us and not, is that really so or can I create no matter what I want and if it doesn't come true it is simply my responsibility. Is there a higher power that determines us or is everything in my hand? I want to believe that I can do everything but something blocks me.

15:01:57 From Admin : 1. In the discretion process, when you label the creation, could you clarify how best to label it – e.g. give it a movie title or book title so we can help disassociate with it.
2. Can you say something about dialoguing – e.g. in our Buddy Calls – how can we best support each other through the discretion process?
3. Can you clarify the difference between running a story and indulging it and fully experiencing the beliefs and associated emotions? Is it beneficial to sometimes just tell my mind to STOP with the self-judgment (the monkey mind) or do I need to just focus on the attached emotions and discreate them – seems to be two conflicting ways of dealing with things.

15:06:24 From Admin : I've heard it said that every possible version of ourselves already exists on the causal plane - so we select the ones we want to magnify - so are we tuning into one when we imagine something, or does our imagination create things in the future?

15:11:07 From BM : I have done the process of self-reflection so many times and can't get to my real will in life no matter how I turn it there is something missing. Any help with this?

15:15:14 From MM : Thank you so much!

15:15:27 From LOC : Thank you Peter and Carrie.

15:15:27 From PR : Thank you

15:15:38 From JH : many thanks!

15:16:04 From Admin : Saturday 8th April is next Webinar

15:16:13 From KC : Thanks!