

16:57:45 From CJ to Everyone : 👍

16:59:34 From CJ to Everyone : dark .. but that's fine for me 😊

17:00:19 From N to Everyone : i'll work on the feelings of jealousy!!

17:02:52 From CJ to Everyone : fine but in general depression right now 😞😞 had enough of covid , but also lots of positives right now too .. so a bit mixed .. loving course .. finding it very helpful for deep change

17:03:29 From N to Everyone : calmer, healthier ..no numbness. Still fall asleep when I meditate. Still struggling to talk or trade with shadow. Anger in dreams but can't feel it when awake. Weather nice sunny in Cambridge.

17:03:48 From JS to Everyone : hi im good only I need glasses for the pc!

17:04:05 From GU to Everyone : I am ok!

17:04:10 From JS to Everyone : feel stronger

17:04:13 From BC to Everyone : Have finished 62 percent and enjoying it. !

17:04:17 From LS to Everyone : Feeling good but lots of feelings of overwhelm- the deeper I go the more there is!

17:04:24 From SWC to Everyone : cold but fine (if a little damp) here in Herefordshire. I found the shadow part quite involved. Currently on part 1 7-8 modules. Good stuff, though! The candle meditations have really settled in well (perhaps a benefit of plodding through!)

17:04:45 From JS to Everyone : your dark because of the light behind you

17:05:47 From JS to Everyone : yeah I see Peter now!

17:06:00 From JK to Everyone : A lot happening, 73 % finished, goosebumps a lot allowing emotions, arrived at anger and letting it go.

17:06:05 From LS to Everyone : That is really helpful

17:06:14 From KS to Everyone : I did not read the reader of part two yet:)

17:06:35 From CE to Everyone : I feel good, positive changes, feel more able to cope with negativity from other people especially at work., after doing the re candali 2, how com sometimes I get a great energy flow and other times hardly anything at all?

17:06:36 From LM to Everyone : Waves of clearing triggered by events around me

17:06:48 From JS to Everyone : great

17:07:24 From SWC to Everyone : that's the spellcheck - it should have read 'candali'

17:07:57 From LM to Everyone : Finished part 1 but reviewing sections

17:08:06 From N to Everyone : having issues with plant enzymes-vomiting

17:08:08 From K to Everyone : I am so excited! I finished part 1 and I went through P2 the manual

17:08:22 From LM to Everyone : No I did not click all the boxes on teachable... 😊

17:08:30 From SD to Everyone : Weather is warming up in upstate New York.

17:08:57 From KS to Everyone : lot of grief

17:09:01 From LS to Everyone : I have lots of garbage!!!

17:09:05 From K to Everyone : Do we have to eat only raw food now? My diet is plant base and I try to eat as much raw ...however I love my cooked veggies

17:10:11 From LM to Everyone : What about cleanses..have not done that before

17:10:33 From JA to Everyone : I feel like I'm about to give birth to something really big and that I'm stuck in transition like in actual labour. I am also doing too many courses and I can't focus on one thing. But I need all that I am doing so any advice about this.

17:10:35 From K to Everyone : Would you recommend any herbs for detoxing..

17:10:36 From JS to Everyone : I vomit a lot in my life!! haha a lot of healing crisis I guess....

17:10:55 From LM to Everyone : I do eat very healthy but still eat other things but I am declining those things slowly

17:10:59 From KS to Everyone : I have had problems with my legs could not walk properly. It changed after taking the vitamins and enzymes and wheatpowder

17:11:13 From JA to Everyone : How long will this webinar be roughly?

17:11:33 From KS to Everyone : and doing exercises

17:12:14 From N to Everyone : what do you think of Esther

17:12:31 From N to Everyone : Hicks Ask and it will be given?

17:16:32 From JS to Everyone : I find it hard that they want to test our children every day for school

17:17:45 From N to Everyone : im a teacher and im not doing it and neither does my daughter...can you say no

17:19:57 From LM to Everyone : That was so cool...thanks Joyce

17:20:16 From JS to Everyone : you're welcome! this is really great!

17:20:38 From CE to Everyone : I have problems with low self esteem and I find people with stronger personalities try to pick on me, especially at work

17:22:00 From Peter Aziz to Everyone : thanks C, SD is up next, you're be after 😊

17:23:26 From JK to Everyone : +

17:28:21 From JS to Everyone : Thanks R! I reconise this

17:28:23 From Peter Aziz to Everyone : What is everyone observing about the process of appreciation? What are you learning from watching these examples?

17:28:42 From JS to Everyone : work layer after layer out

17:29:01 From SWC to Everyone : it seems to transmute stuck patterns?

17:29:15 From Peter Aziz to Everyone : thank you R! thanks for your honesty and willingness to share.

17:29:17 From JS to Everyone : I do this with coaching with the horse but without the Candali... Candali does really cleanse the shit out!

17:29:33 From Peter Aziz to Everyone : 👍

17:29:40 From LM to Everyone : Thank you R for your sharing

17:32:57 From JS to Everyone : piece of Cookie

17:33:13 From Peter Aziz to Everyone : Thank you SD (the god)!

17:33:42 From LM to Everyone : Good job SD. I am grateful for your sharing

17:33:58 From JS to Everyone : Thanks SD!

17:34:18 From Peter Aziz to Everyone : is there anyone else who would like to share after C?

17:34:18 From KS to Everyone : I do have problems with men because I am afraid choosing a very difficult one again

17:34:31 From Peter Aziz to Everyone : KS, you're up next.

17:34:37 From LS to Everyone : Holding the space and not rushing seems important

17:34:58 From Peter Aziz to Everyone : yes @liz, you never know what they are feeling on the inside

17:34:59 From N to Everyone : yep I agree LS

17:35:14 From JS to Everyone : yes LS! I write it down!

17:35:22 From Peter Aziz to Everyone : and we're not feeling it so we can't imagine how intense it might be for them

17:36:58 From JS to Everyone : positive confirmation about feelings is nice.. it helps in the proces

17:37:00 From N to Everyone : i felt the same overwhelm when SD said it..in my heart

17:37:45 From Peter Aziz to Everyone : yes @joyce. Appreciating everything for what it is helps it to dissipate

17:37:51 From Peter Aziz to Everyone : to dis-create

17:39:21 From N to Everyone : i see that judgement holds me back

17:39:38 From LS to Everyone : I am the same with judgement

17:39:39 From Peter Aziz to Everyone : holds you back from what @N?

17:39:50 From Peter Aziz to Everyone : welcome HW

17:40:19 From LS to Everyone : Also Peter is smiling throughout, yet also showing compassion and kindness

17:40:23 From JS to Everyone : wow C you face turns softer!

17:40:38 From N to Everyone : to heal myself as i don't like something rather than letting the feeling come. Also in my relationships with people

17:40:58 From Peter Aziz to Everyone : compassion, kindness, appreciation, these are all good things to demonstrate. but remember, never sympathy.

17:41:46 From Peter Aziz to Everyone : yes, judgement is what will cause something to stick

17:41:47 From LM to Everyone : Thank you C for sharing. Yes your face is bright...i could feel heat around my heart as you were sharing ...


17:41:49 From SWC to Everyone : You are looking calmer, C - and more radiant...!

17:42:09 From Peter Aziz to Everyone : well done C! lots of great feedback.

17:42:10 From JS to Everyone : thank you C

17:42:35 From SD to Everyone : Thanks C

17:42:52 From CE to Everyone : Thanks that was great

17:43:00 From Peter Aziz to Everyone : 

17:47:41 From Peter Aziz to Everyone : compassion, kindness, appreciation, no judgement, seeing everyone as God including their problems, holding space, patience, humour, positive confirmation. are you observing anything else?

17:48:00 From N to Everyone : how can you tell if the feeling is dispersing or that you've got apathy?

17:48:04 From JS to Everyone : yes great to see and feel!

17:49:41 From Peter Aziz to Everyone : great question @N. Apathy has a sense of hopelessness. A dispersed or dis-created problem leaves you feeling positive or that it's not a problem anymore.

17:49:55 From LS to Everyone : I am feeling and observing a strong sense of energetic connection between Peter and the people he works with

17:50:09 From Peter Aziz to Everyone : yes, he's completely with them

17:50:14 From Peter Aziz to Everyone : focused

17:50:19 From Peter Aziz to Everyone : loving

17:50:44 From LS to Everyone : I seem to fluctuate between apathy and positivity

17:51:09 From Peter Aziz to Everyone : welcome the apathy and appreciate that, it's obviously something that needs clearing.

17:51:21 From LS to Everyone : Ok :-)

17:51:21 From JS to Everyone : Great KS!

17:51:26 From LM to Everyone : It feels to me Peter is creating a beautiful sacred space full of compassion. A safe place

17:51:36 From GU to Everyone : Thank you KS!

17:51:54 From K to Everyone : ❤️👉

17:51:54 From JS to Everyone : Peter welcomes everthing from you as it is...

17:51:57 From LS to Everyone : Thanks to everyone for sharing

17:52:03 From LM to Everyone : Thank you KS for sharing something so vulnerable. Great job

17:52:55 From JS to Everyone : I work on that great!

17:53:56 From N to Everyone : i feel apathy as numbness

17:54:20 From JS to Everyone : Love it, FREEDOM!

17:55:20 From JS to Everyone : The sun Carrie hahahahaa

17:55:23 From KS to Everyone : thank you Peter

17:55:34 From LS to Everyone : So helpful

17:55:37 From LS to Everyone : Thank you

17:55:38 From JS to Everyone : you are a Sunshine Carrie funny

17:55:47 From GU to Everyone : Thank you!!Both!

17:55:56 From N to Everyone : is there a recipe or meal ideas esp breakfast

17:55:59 From KS to Everyone : yes thank you carrie too

17:56:02 From JS to Everyone : Thanks both!

17:56:03 From LM to Everyone : Thank you everyone. Much gratitude. 🙏😊

17:56:10 From SG to Everyone : Thank you everyone

17:56:15 From BC to Everyone : Thank you Peter and Carrie. Such wonderful teaching !

17:56:17 From K to Everyone : Thank you that was very helpful Peter and Carrie and thank you everyone for sharing yourself

17:56:27 From K to Everyone : Do we have to eat only raw?

17:57:25 From N to Everyone : for how long on raw

17:57:38 From LS to Everyone : I have started eating raw for 2meals and feel much better

17:57:44 From SP to Everyone : Also important to keep hydrated

17:58:03 From LS to Everyone : Is water ok or do we need to restructure it?

17:58:06 From JS to Everyone : yeah i trust the proces

17:58:11 From JA to Everyone : What kind of coconut milk? In tin or fridge in carton?

17:58:24 From N to Everyone : what do we do next..work through manual 2?

17:58:44 From LM to Everyone : I have finally given up my organic candy 😊

17:58:47 From SP to Everyone : Unsweetened coconut milk!

17:58:49 From K to Everyone : Can you repeat that again Peter with the water ... what we need to do with water ..shri anta?

17:59:19 From BC to Everyone : It was shree yantra

17:59:35 From Peter Aziz to Everyone : thanks SP - yes, unsweetened liquid cocnut milk

17:59:58 From JS to Everyone : I'll do that with my husband hahahahaaha

18:00:04 From K to Everyone : So we print that picture and put under the water, right?

18:00:54 From SP to Everyone : Can be good to take extra minerals & enzymes immediately before point holding

18:01:03 From JA to Everyone : Do we drink the water after putting the shree yantra on it?

18:01:07 From K to Everyone : Where can we find this replay?

18:01:15 From N to Everyone : which minerale best?

18:01:18 From JS to Everyone : 24 april

18:02:17 From JS to Everyone : you to!!!! Thanks!

18:02:22 From CJ to Everyone : thank you both

18:02:23 From LM to Everyone : Thank you 😊

18:02:26 From JK to Everyone : Thank you!!

18:02:29 From JA to Everyone : Thank you.