

## NAGAS

Nagas are the guardians of the Underworld, but also have free travel and knowledge of all levels of the underworld and upperworld. This makes them excellent guides in shamanic journeying and great allies for soul retrieval, as they will quickly find lost soul parts anywhere in the underworld or upperworld.

Another very useful quality is their **ability to attract wealth**. As they are in touch with all the gems within the earth, they have a natural resonance of abundance. Also, in their world, they are not there to deal with karma or to learn karmic lessons, so they live in effortless abundance. It is said that we choose our world as a chance to grow. Here we have all our karmic lessons. Nagas are generally considered to be in a less blessed state, as they are not in a position where growth is such a motivation. We cannot be free of karmic lessons in our world, but picking up some of the Naga's resonance can make it easier to attract abundance, without a lot of work.

### Ban Jankri Shamanism Attunement

Our first attunement will be to Ban Jankri shamanism, which utilises Nagas for **soul retrieval and multi-dimensional healing** through shamanic journeying. This is the first step in building a relationship with Nagas, as they are quick to help with deep healing and spiritual expansion. They benefit from helping us with our karmic lessons, as a vicarious way of achieving their own growth.

Meditation with Nagas always begins in the darkness of the void. You need to sense the darkness, like a snake does in the depth of the earth, before you try to see anything. In shamanic journeying with Nagas, it really isn't necessary to see visually. Sense your environment like a snake.

### Healing Methods with Nagas

First of all, work with them for **soul retrieval**. Tell them whose soul is lost, and they will take you straight to it. You can even allow the Naga to do the soul retrieval without you having to journey.

Another aspect of healing they bring is something we don't normally consider in our world; **healing of parallel lives in other dimensions**. Traumas happening to other parts of ourselves subtly affect us. We pick up on the pain, which adds to our feelings of separation, thereby inhibiting our enlightenment. We also carry some of the dysfunctional behaviour of our traumatised selves in other dimensions, without knowing where it is coming from. Nagas will guide you to heal these alternative selves in other dimensions, making our healing more complete.

## Naga Afflictions

This is something that comes up in Vedic astrology. The symptoms of a Naga affliction are distorted intuition, bordering on delusion, that causes one to make bad decisions, or follow unrealistic dreams, leading to a lot of time wasting and failure in life. It's said to be caused by having harmed snakes in a past life. This is because the serpent part of us is the primal intuitive part. When we hate or fear snakes, we block our intuition, our instincts and our magick.

### Ritual to Heal Naga Afflictions

We can improve our relationship to our deeper magickal and intuitive selves by making offerings to the Nagas. These can be made at altars or statues of Nagas, are in caves or anywhere in the wild where you can bury the offerings in the earth.

The standard offering for healing Naga afflictions is a large conch shell with white foods, which can be eggs, white cheeses, white chocolate, flour, white cakes etc.

Obtain a large conch shell, and fill it with these white foods. Go out in nature somewhere very private where you can be naked, offer to the Nagas and bury it in the earth. (Remember to bring a spade or trowel with you).

## Nagas for Wealth

When you invite the resonance of the Nagas into your home, they create an aura of easy money without struggle. You will need to set up an altar for them. You can use a Naga statue, or just print out the Naga yantra that is on the next page, and stick it on the wall over the altar.

The offerings to the Nagas for wealth are different from the offerings you bury in the earth. Just offer milk, incense and flowers.

